

**26. - 27. November 2016**

**RHYTHMIC GYMNASTICS INTERNATIONAL**  
**ULM DONAU**  
**RHYTHMIC CUP**  
**2016**

**Sporthalle Tannenplatz,  
Buchauerstraße 7,  
89079 Ulm-Wiblingen**





## INTERNATIONAL TOURNAMENT RHYTHMIC GYMNASTIC

### „II. ULM DONAU RHYTHMIC CUP 2016“

26.-27. NOVEMBER 2016

Ulm, Germany



## INVITATION

<b>Organiser</b>	<p>TV Wiblingen 1905 e.V.  Wiblinger Ring 4, 89079 Ulm,  Germany  <a href="http://www.tv-wiblingen.de">www.tv-wiblingen.de</a>  <a href="http://www.rsg-wiblingen.de/de/">http://www.rsg-wiblingen.de/de/</a>  <a href="https://www.facebook.com/rsgtwwiblingen/">https://www.facebook.com/rsgtwwiblingen/</a></p>
<b>Place of event</b>	<p>Sporthalle Tannenplatz,  Buchauer Straße 7,  89079 Ulm, Germany</p>
<b>Delegations</b>	<p>8 gymnasts (max. 2 gymnasts per Category), 1 coach  and 1 judge</p>
<b>Start fee</b>	<p>30 Euro per gymnast for age group 2009-1999 and older  20 Euro per gymnast for age group 2010 and younger  The fees are to be paid on place of event</p>
<b>Registration deadlines</b>	<p>preliminary entry: 20. Oktober 2016  definitive entry: 1. November 2016</p>
<b>Registration</b>	<p><a href="mailto:rg.donau.cup@gmail.com">rg.donau.cup@gmail.com</a></p>
<b>Contact information</b>	<p>+49 179 733 64 15 - Frau Stroh  <a href="mailto:rg.donau.cup@gmail.com">rg.donau.cup@gmail.com</a></p>
<b>Awards</b>	<p>Cup, certificate, gifts</p>
<b>Judges</b>	<p>Each club provides one judge</p>

<b>Music</b>	The music for every routine is to be supplied on a separate CD
<b>Difficilty (D) Forms</b>	The D form must be submitted before the 22/11/2016 (in PDF-format) by e-mail to: rg.donau.cup@gmail.com
<b>Visum</b>	Please let us know if you need a visa
<b>Gala</b>	If you would like to participate in the Gala with a show, please add a note describing the show briefly in the „Comments“ field of your registration form
<b>Accomodation</b>	<p>All expenses for accomodation, fare, transportation and insurance are paid for by the delegation.</p> <p><a href="https://www.hotelbb.de">https://www.hotelbb.de</a> (B&amp;B Hotel Ulm 7,0 km to Place of event)</p> <p><a href="http://www.bestwestern.de/hotels/Ulm/BEST-WESTERN-PLUS-Atrium-Hotel">http://www.bestwestern.de/hotels/Ulm/BEST-WESTERN-PLUS-Atrium-Hotel</a> (Hotel Best Western 12 km to Place of event)</p> <p><a href="http://www.ibis.com">http://www.ibis.com</a> (ibis budget Ulm City 7,9 km to Place of event)</p> <p><a href="http://www.hotel-astra.de">http://www.hotel-astra.de</a> (Hotel Astra 10,1 km to Place of event)</p> <p><a href="http://www.loewen-ulm.de">http://www.loewen-ulm.de</a> (Hotel Löwen 1,6 km to Place of event)</p> <p><a href="http://www.hotel-ulmer-spatz.com">http://www.hotel-ulmer-spatz.com</a> Hotel Ulmer Spatz (8,2 km to Place of event)</p> <p><a href="http://www.hotel-blaubeurertor.de">http://www.hotel-blaubeurertor.de</a> (Hotel Blaubeurer Tor 8,8 km to Place of event)</p> <p><a href="http://www.leomar-hotel-ulm.de">http://www.leomar-hotel-ulm.de</a> (Hotel LeoMar 8,6 km to Place of event)</p> <p><a href="http://orange-hotel.de">http://orange-hotel.de</a> (Hotel Orange 6,6 km to Place of event)</p> <p><a href="http://www.comfor.de">http://www.comfor.de</a> (Hotel Comfor 8,4 km to Place of event)</p> <p><a href="http://ulm.jugendherberge-bw.de/de-DE/Portraet">http://ulm.jugendherberge-bw.de/de-DE/Portraet</a> (Jugendherberge 6,7 km km to Place of event)</p> <p><a href="http://www.hotel-garni-ulm.de/4.html">http://www.hotel-garni-ulm.de/4.html</a> (Hotel Garni 6,2 km to Place of event)</p> <p><b>Please let us know if you need any assistance with hotels!</b></p>

## CATEGORIES

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- age group 2010 and younger
- age group 2009, Category A
- age group 2009, Category B
- age group 2008, Category A
- age group 2008, Category B
- age group 2007, Category A
- age group 2007, Category B
- age group 2006, Category A
- age group 2006, Category B
- age group 2005, Category A
- age group 2005, Category B
- age group 2004, Category A
- age group 2004, Category B
- age group 2003, Category A
- age group 2003, Category B
- age group 2002, Category A
- age group 2002, Category B
- age group 2001, Category A
- age group 2001, Category B
- age group 2000, Category A
- age group 2000, Category B
- age group 1999 and older, Category A
- age group 1999 and older, Category B



# TEHNICAL PROGRAM

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## 26. November 2016

### Mini

Age group 2010 and younger: without apparatus

### Children

Age group 2009, Category **A and B**: without apparatus + one apparatus on choice

Age group 2008, Category **A and B**: without apparatus + one apparatus on choice

### Pre-Junior

Age group 2007, Category **A and B**: without apparatus + one apparatus on choice

Age group 2006, Category **A and B**: without apparatus + one apparatus on choice

Age group 2005, Category **A and B**: without apparatus + one apparatus on choice

## 27. November 2016

### Junior

Age group 2004, Category **A and B**: three apparatus on choice

Age group 2003, Category **A and B**: three apparatus on choice

Age group 2002, Category **A and B**: three apparatus on choice

### Senior

Age group 2001, Category **A and B**: three apparatus on choice

Age group 2000, Category **A and B**: three apparatus on choice

Age group 1999 and older, Category **A and B**: three apparatus on choice



## PROGRAM

Age group/ Category	Dif.	D	S →	R ↗	Mastery 0,3	D	E
<b>Mini</b>							
2010 and jounger	max 6	0,1 - 0,3 ○ max 0,6	min 1 8 sec.		max 2	2.00	10.00
<b>Children</b>							
2009 <b>A</b>	max 6	0,1 - 0,3 ○ max 0,6	min 1 8 sec.	↗ max 1 ↓ max 1 + 0,1 for additional criterion	max 2	3.00	10.00
2009 <b>B</b>	max 6	0,1 - 0,3 ○ max 0,6	min 1 8 sec.	↗ max 1 ↓ max 1 + 0,1 for additional criterion	max 2	2.50	10.00
2008 <b>A</b>	max 7	0,1 - 0,4 ○ max 0,6	min 1 8 sec.	max 1	max 2	4.00	10.00
2008 <b>B</b>	max 7	0,1 - 0,4 ○ max 0,6	min 1 8 sec.	max 1	max 2	3.50	10.00
<b>Pre-Junior</b>							
2007 <b>A</b>	max 7 WA max 8	0,1 - 0,5 ○ max 1,0	min 1 8 sec.	max 2	M max 3	5.00	10.00
2007 <b>B</b>	max 7 WA max 8	0,1 - 0,4 ○ max 1,0	min 1 8 sec.	max 2	M max 3	5.00	10.00
2006 <b>A</b>	max 7 WA max 8	0,1 - 0,5 ○ max 1,0	min 1 8 sec.	max 2	M max 3	6.00	10.00
2006 <b>B</b>	max 7 WA max 8	0,1 - 0,4 ○ max 1,0	min 1 8 sec.	max 2	M max 3	5.00	10.00

2005 <b>A</b>	max 7 WA max 8	0,1 - 0,5 ○ max 1,0	min 1 8 sec.	max 2	M max 3	7.00	10.00
2005 <b>B</b>	max 7 WA max 8	0,1 - 0,4 ○ max 1,0	min 1 8 sec.	max 2	M max 3	5.00	10.00
<b>Junior</b>							
2004 <b>A</b>	max 7 min 4	FIG	min 1 8 sec.	max 3	M max 4	8.00	10.00
2004 <b>B</b>	max 7	FIG	min 1 8 sec.	max 3	M max 3	6.00	10.00
2003 <b>A</b>	max 7 min 4	FIG	min 1 8 sec.	max 3	M max 4	8.00	10.00
2003 <b>B</b>	max 7	FIG	min 1 8 sec.	max 3	M max 3	6.00	10.00
2002 <b>A</b>	max 7 min 4	FIG	min 1 8 sec.	max 3	M max 4	8.00	10.00
2002 <b>B</b>	max 7	FIG	min 1 8 sec.	max 3	M max 3	6.00	10.00
<b>Senior 2001-1999 and older</b>							
<b>A</b>	max 9 min 6	FIG	min 1 8 sec.	max 3	M max 5	10.00	10.00
<b>B</b>	max 9	FIG	min 1 8 sec.	max 3	M max 4	7.00	10.00



# REGISTRATION FORM

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Name of the Sport Club\_\_\_\_\_

Country\_\_\_\_\_

Contact person\_\_\_\_\_

E-mail or Telefon\_\_\_\_\_

Name/Gymnast	Category	Date of birth	Routines
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
Coach:			
Judge:			

Comments\_\_\_\_\_

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