

*09<sup>th</sup> – 11<sup>th</sup> November 2018, Thessaloniki Greece*

## *DIRECTIVES / INVITATION*

Dear sports friends,

Following the decision of the Hellenic Gymnastics Federation, the Athletic Gymnastics Clubs Union of Northern Hellas, has the pleasure to invite your Artistic Gymnastics Clubs to participate in the MAG-WAG International Tournament "Horizon Cup".

<b>Discipline</b>	<b>Men Artistic Gymnastics (MAG)</b> <b>Women Artistic Gymnastics (WAG)</b>
<b>Host Federation</b>	<b>HELLENIC GYMNASTICS FEDERATION</b> 37 Kifissias Ave., <b>OAKA</b> , EKAE Building (Former Athletes Guesthouse) Opposite Fire Station, 15123 Marousi Tel: +30 210 9882458 Fax: +30 210 9887329 Email: <a href="mailto:ego@otenet.gr">ego@otenet.gr</a> Website: <a href="http://www.ego-gymnastics.gr">www.ego-gymnastics.gr</a>
<b>Local Organizing Committee</b>	<b>ATHLETIC GYMNASTICS CLUBS UNION OF NORTHERN HELLAS</b> Mikra National Sports Center, Hall "Ioannis Melissanidis" 55132 Nea Krini Te-Fax: +30 2310 489472 Email: <a href="mailto:info@horizoncup.gr">info@horizoncup.gr</a> - <a href="mailto:info@aesgve.gr">info@aesgve.gr</a> Website: <a href="http://www.horizoncup.gr">www.horizoncup.gr</a> - <a href="http://www.aesgve.gr">www.aesgve.gr</a> Mr. Christos PSATHAS, President of the Athletic Gymnastics Clubs Union Of Northern Hellas Email: <a href="mailto:info@horizoncup.gr">info@horizoncup.gr</a> - <a href="mailto:info@aesgve.gr">info@aesgve.gr</a> Mobile: +30 697 2575551
<b>Competition Manager</b>	Mr. Dimitris GIANNOULIDIS Email: <a href="mailto:info@horizoncup.gr">info@horizoncup.gr</a> - <a href="mailto:giannouldim@gmail.com">giannouldim@gmail.com</a> Mobile: +30 6946 066374
<b>Location</b>	Nea Krini, Thessaloniki, Greece
<b>Dates</b>	09 <sup>th</sup> – 11 <sup>th</sup> , November 2018
<b>Venue</b>	Mikra 's National Sports Center, Hall "Ioannis Melissanidis" Seats:1.000
<b>Competition Apparatus</b>	American Athletic Inc. (on podium)
<b>Age Limits</b>	<b>MAG:</b> Born in 2004-2005-2006 <b>WAG:</b> Born in 2005-2006-2007

<b>Rules &amp; Regulations</b>	The event will be organized under the FIG Code of points 2017-2020.
<b>Technical Requirements</b>	<p><b>MAG:</b> The 8 most difficult elements incl. dmt as per FIG  All apparatus:  Too short program  7-8 = - 0.0 points ( 10.00 )  5-6 = - 2.0 points ( 8.00 )  3-4 = - 4.0 points ( 6.00 )  1-2 = - 6.0 points ( 4.00 )  2 freely chosen EG+Dismount each = 0.50 points  DISMOUNT: A = 0.30, B = 0.50  Connections on floor  B or higher + B or C = +0.1,  C or higher + C or higher = +0.2  - (No connection for Counter Saltos, example Double salto bwd. 1/1 to salto fwd. 1/1).  - Limit of 2 connections total in an exercise.  VAULT: Gymnasts will perform only one vault</p> <p><b>WAG:</b> The 8 most difficult elements incl. dmt as per FIG  All apparatus:  Too short program  7-8 = - 0.0 points ( 10.00 )  5-6 = - 2.0 points ( 8.00 )  3-4 = - 4.0 points ( 6.00 )  1-2 = - 6.0 points ( 4.00 )  3 freely chosen CR+DMT each = 0.50 points  DISMOUNT: A=0.0, B=0.30, C=0.50  VAULT: Gymnasts will perform only one vault</p>
<b>Competition Format</b>	<p>Each team can only set a maximum of 5 gymnasts per apparatus.  Three (3) highest scores will count for team score.</p> <p>NOTE: All gymnasts must register the apparatus in the respective form.</p>
<b>Awards</b>	<ul style="list-style-type: none"> <li>• <b>Team:</b> Cup &amp; Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place</li> <li>• <b>All Around Individual (Separately for each age):</b> Cup &amp; Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place and diplomas for places 4<sup>th</sup>-8<sup>th</sup></li> <li>• <b>Apparatus (Separately for each age, but 2 per Club):</b> Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place and diplomas for places 4<sup>th</sup>-8<sup>th</sup></li> </ul>
<b>Drawing of lots</b>	One week before the competition starts.
<b>Judges</b>	All participating judges must have minimum a valid National Brevet for cycle 2017-2020. Each Club shall register minimum 1 judge for men and/or 1 judge for women.
<b>Provisional Schedule</b>	<p><b>8<sup>th</sup> November:</b> Arrivals of delegations, Training  <b>9<sup>th</sup> November:</b> Arrivals of delegations, Official Training, Orientation Meeting  <b>10<sup>th</sup> November:</b> Competition (<b>MAG:</b> FX-PH-RI, <b>WAG:</b> VA-UB)  <b>11<sup>th</sup> November:</b> Competition (<b>MAG:</b> VA-PB-HB, <b>WAG:</b> BB-FX)  Optional Sightseeing  <b>12<sup>th</sup> November</b> Departure of delegations</p>
<b>Sightseeing Option</b>	To the White Tower monument, at the cost of €5,00 per person for the transportation.
<b>Invited Clubs</b>	Gymnastics Clubs from all over the globe are invited.

<p><b>Entry Fee</b></p>	<p>The non-reimbursable entry Fee is: 30.00 € per Gymnast</p>												
<p><b>Costs</b></p>	<p>The following prices* are <b>per person, per day</b> and include :</p> <ol style="list-style-type: none"> <li>1. Accommodation in hotels close to the Competition Hall with breakfast one meal and snack for gymnasts.</li> <li>2. Transportation from Thessaloniki 's airport "Macedonia" to the hotel (round trip)</li> <li>3. Transportation from Thessaloniki 's Rail Station to the hotel (round trip)</li> <li>4. Shuttle buses connecting hotels and the Competition Hall</li> </ol> <p><i>(*) the prices include all taxes</i></p> <p><b>Four Stars Hotel:</b> ★★★★★</p> <p>i) Avalon Hotel Thessaloniki</p> <table data-bbox="571 622 1209 741"> <tr> <td>Triple Room:</td> <td>60.00€</td> </tr> <tr> <td>Double Room:</td> <td>70.00€</td> </tr> <tr> <td>Single Room:</td> <td>90.00€</td> </tr> </table> <p><b>Three Stars Hotels:</b> ★★★</p> <p>i) Metropolitan Hotel Thessaloniki ii) Ambassador Hotel Thessaloniki</p> <table data-bbox="571 925 1209 1043"> <tr> <td>Triple Room:</td> <td>50.00€</td> </tr> <tr> <td>Double Room:</td> <td>60.00€</td> </tr> <tr> <td>Single Room:</td> <td>70.00€</td> </tr> </table> <p>The Accommodation Form must be returned to the LOC by October 1<sup>st</sup>, 2018 at the very latest. Hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The invited participating clubs must pay for the accommodation expenses of their delegation members. <b>The costs for the accommodation must be paid to the LOC as follows: 50% until October 1<sup>st</sup>, 2018 and the rest 50% before arrival.</b></p> <p>Please notify the LOC for your choice on the hotel class when your provisional registration is made.</p> <p><b>Cancellation/Reimbursement Policy:</b> 50% of accommodation costs are refundable in case of cancellations at least 1 month prior to arrival. For cancellations made after October 10<sup>th</sup>, 2018 there will be no reimbursement.</p>	Triple Room:	60.00€	Double Room:	70.00€	Single Room:	90.00€	Triple Room:	50.00€	Double Room:	60.00€	Single Room:	70.00€
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<p><b>International Transportation</b></p>	<p>The invited participating clubs must pay for the International travel costs of their delegation members. The Travel Schedule Form must be returned to the LOC by October 20<sup>th</sup>, 2018.</p>												
<p><b>Visa</b></p>	<p>Please verify immediately with your travel agent or the Greek Embassy or Consulate in your country if a visa is required for your travel to Greece. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before October 1<sup>st</sup>, 2018 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, arrival and departure dates of the Delegation Members as well as the city the visa application support letter must be sent to.</p>												

<b>Insurance</b>	<p>The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness and repatriation. All participating Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage for illness, accidents and for repatriation.</p> <p>Medical services will offered on the competition venue.</p>																
<b>Accreditation</b>	<p>Delegation accreditation will take place upon arrival. For accreditation, team leaders are required to bring the following documents:</p> <ul style="list-style-type: none"> <li>- passports of all members of the delegation</li> <li>- proof of medical insurance of all members of the delegation</li> <li>- CD with music for women FX (2 copies)</li> </ul>																
<b>Financial Obligations and Bank Account</b>	<p>Payment of 100% Entry Fee: October 20<sup>th</sup>, 2018 (non refundable)          Payment of Accommodation Costs (first 50%): October 1<sup>st</sup>, 2018          Payment of Accommodation Costs (second 50%): upon arrival          Payment for the optional Sightseeing: upon arrival</p> <p>Each participating club is kindly requested to integrate the payment's purpose as follows:          ATHLITIKI ENOSI SOMATION GYMNASTIKIS BORIOU ELLADOS          Bank: National Bank of Greece          IBAN: GR53 0110 2560 0000 2562 9600 609          BIC: ETHNGRAA</p> <p>The participating clubs is responsible for covering all bank fees in connection with the bank transfers.</p>																
<b>Registrations</b>	<p>Registrations will be made electronically via the official website of the event (<a href="http://www.horizoncup.gr">www.horizoncup.gr</a>)</p>																
<b>Registration &amp; Payment Deadlines</b>	<table border="1"> <tr> <td data-bbox="560 999 1209 1041">Provisional Registration Form:</td> <td data-bbox="1209 999 1554 1041">October 1<sup>st</sup>, 2018</td> </tr> <tr> <td data-bbox="560 1041 1209 1084">Accommodation Form:</td> <td data-bbox="1209 1041 1554 1084">October 1<sup>st</sup>, 2018</td> </tr> <tr> <td data-bbox="560 1084 1209 1126">Visa Request Form:</td> <td data-bbox="1209 1084 1554 1126">October 1<sup>st</sup>, 2018</td> </tr> <tr> <td data-bbox="560 1126 1209 1169">Payment of Accommodation Costs (first 50%):</td> <td data-bbox="1209 1126 1554 1169">October 1<sup>st</sup>, 2018</td> </tr> <tr> <td data-bbox="560 1169 1209 1211">Nominative Registration Form:</td> <td data-bbox="1209 1169 1554 1211">October 20<sup>th</sup>, 2018</td> </tr> <tr> <td data-bbox="560 1211 1209 1254">Payment of Entry Fee:</td> <td data-bbox="1209 1211 1554 1254">October 20<sup>th</sup>, 2018</td> </tr> <tr> <td data-bbox="560 1254 1209 1296">Travel Schedule Form:</td> <td data-bbox="1209 1254 1554 1296">October 28<sup>th</sup>, 2018</td> </tr> <tr> <td data-bbox="560 1296 1209 1359">Payment of optional Sightseeing cost:</td> <td data-bbox="1209 1296 1554 1359">Upon arrival</td> </tr> </table>	Provisional Registration Form:	October 1 <sup>st</sup> , 2018	Accommodation Form:	October 1 <sup>st</sup> , 2018	Visa Request Form:	October 1 <sup>st</sup> , 2018	Payment of Accommodation Costs (first 50%):	October 1 <sup>st</sup> , 2018	Nominative Registration Form:	October 20 <sup>th</sup> , 2018	Payment of Entry Fee:	October 20 <sup>th</sup> , 2018	Travel Schedule Form:	October 28 <sup>th</sup> , 2018	Payment of optional Sightseeing cost:	Upon arrival
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The President of Athletic Gymnastics  
 Club Union of Northern Hellas



*Christos Psathas*

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