

**Nordic
TeamGym
Championship**

**TECHNICAL
REGULATIONS**

Valid until December 31st, 2017

ABBREVIATIONS

NGM	Nordic Gymnastic meeting
UEG	European Union of Gymnastics
TG	TeamGym
NTGC	Nordic TeamGym Championship
TC-TG/UEG	Technical Committee of the UEG
NF	National Federation
OC	Organising committee
NTC-TG	Nordic Technical Committee TeamGym

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I GENERAL REGULATIONS

1 Organisation and terminology

The Nordic TeamGym Championship (NTGC) is a club competition, which takes place every year.

The NTGC for seniors takes place every uneven year, and NTGC for juniors take place every even year.

The organising country is selected according to the rotation schedule as defined by the NGM.

2 Right to participate

All Nordic federations, which are affiliated to the UEG and FIG have the right to participate.

Non-Nordic teams are not allowed to participate in the NTGC. Also, it is not allowed to arrange an open competition together with the NTGC.

3 Allocation and dates

The national federations will receive official Application Form from the organising country.

The championship for seniors takes place the second weekend in November and the championship for juniors takes place the third weekend in April.

If the third weekend is Easter, then the championship will take place in the second weekend.

4 Conditions for participation

4.1 Composition of the team

8-12 gymnasts and maximum two reserves, from the same club (exception can be made and the gymnasts can come from a max. of two clubs, but the team must have competed together in the competition year).

A gymnast can only represent one club, but is allowed to participate in both mixed and men/women.

4.2 Age of the participants

For the senior TeamGym: Minimum 16 years.

For the junior TeamGym: 13 - 17 years.

The gymnasts have the right to participate if they reach the determined min/max age during the year of the competition.

4.3 The NF are responsible for

The correct age of their gymnasts.
The club membership of their gymnasts.
Valid insurance of their gymnasts.
That their teams follow the UEG rules for advertising.

The correct age and valid insurance will be checked at the accreditation (bring passport or another kind of identification card with photo).

4.4 Size of the delegation

Maximum 2 teams per section (men, women and mix)
Maximum 3 coaches per team
Maximum 12 gymnasts per team
Maximum 2 reserve gymnasts per team
Maximum 4 judges (5 for the organizing country)
1 Physiotherapist / doctor or similar function
1 Head of the delegation
1 Deputy Head of the delegation
Maximum 2 national coaches

All nominative gymnasts (excl. the 2 reserve gymnasts) must participate in the competition.

If only 3 or less countries have teams participating in a section, then the countries are allowed to bring 3 teams each in that section. If this rule comes into play, then the OC must tell the NFs, after the provisional registration.

5 Entry procedure

5.1 Official forms

For registration of entry, official forms, which are distributed to all affiliated NF by the organizing federation at the required time, are to be used.

5.2 Deadlines

The deadlines for arrival of registration at the OC are determined by the dates of the competition, as follows.

5.2.1 Provisional registration

Provisional registration files must be sent out from OC no later than 6 months and one week before competition

Provisional registration must be sent from NF no later than 6 months before the date of the NTGC.

The OC must include a list of the apparatus that will be used at the competition, when sending out information about the provisional registration.

5.2.2 Definite registration

Definitive registration files must be sent out from OC no later than 3 months before competition.

Definite registration of delegation members must be sent in by NF no later than 2 months before the date of the NTGC

5.2.3 Nominative list of gymnasts, judges and officials

Nominative registration files must be sent out from OC no later than 6 weeks before competition

3 weeks before the date of the NTGC NF must send in:

The list must include:

- Surname and forename
- Date of birth (year) of the gymnasts.

5.2.4 Work Plan

The Work Plan must be sent out no later than 4 weeks prior to the championships.

5.3 Alterations of the teams

Alterations of the teams are possible only in exceptional cases and must be authorised by NTC-TG. Alterations will not be accepted later than at the accreditation.

5.4 Alterations of the nominative list of the gymnasts

Before accreditation teams are allowed to change/replace nominated gymnasts without no further action except changes must be handed in to OC at the accreditation.

After accreditation, and before the start of the competition, changes to the nominative list are only allowed between the registered competing gymnasts and the registered reserve gymnasts. This can be done without no further action except changes must be handed in to OC.

5.5 In cases of illness or injury during the competition

In cases of illness or injury during the competition, confirmed by the official doctor of the championships, it is allowed to replace the affected gymnast with the nominated reserve.

II TECHNICAL ORGANISATION

6 Competition format

The TeamGym Championship consists of the following sections:

- Women's teams.
- Men's teams.
- Mixed teams, i.e. 50% males/50% females.

7 Competition programme

The following disciplines are compulsory for every participating team:

- Floor program
- Tumbling
- Trampet

All gymnasts participating in the competition must perform on floor programme.

8 Technical tasks

8.1 Responsibility

The organising federation is responsible for the technical organisation and running of the competition, with the support of the NTC-TG. Competition order should always be decided with a draw.

8.2 Comply with the COP

Organisation, accomplishment and direction of the competition must comply with the Code of Points (UEG).

8.3 Evaluation of new elements in the Code of Points

The UEG Code of Points will in general be updated every second year. However, the TC-TG/UEG encourages all member Federations to submit new elements that do not yet appear in the Code of Points. The UEG will respond in confidence by sending a formal letter to the Federation telling the new code number, a provisional value and a symbol. The respective Nordic Federation may then decide if the element will be performed at the Nordic Championships before an official UEG TeamGym competition. In this case, the Federation must bring a copy of the UEG evaluation letter to the official judges meeting at the Nordic Championships. Performing a new element at the Nordic Championships also gives teams from other countries the opportunity to use the same element in their floor program.

9 The juries and judging panels

9.1 Judges

All judges must be holders of the UEG TeamGym brevet for the corresponding cycle or be judges for national competitions in their own country. If a country participates with judges who are holders of the UEG TeamGym brevet for the corresponding cycle, these judges must candidate as head judge.

9.2 Nomination of judges

Each participating federation is obliged to nominate 4 judges. The organizing country nominates 5 judges (named judges).

9.3 Judges meeting

All judges must participate at the judges meeting prior to the competition. Tariff forms will be distributed to the judges on the evening prior to the competition day.

9.4 Dissensions and interpretations of the COP

If there is any dissension between the judges at the judges meeting when it comes to the interpretation of the COP, the case will be settled by simple majority vote by the NTC - TG. All judges are obliged to follow these decisions.

It's still the head judge in the respective disciplines who's responsible for making interpretation and decisions regarding other issues in the COP during the competition.

9.5 Competition jury

The competition jury consists of:

- NTC-TG (one representative from each of the Nordic countries)
- The competition director
- The head judge (E1) in the respective discipline

The NTC-TG will take the necessary decisions.

9.6 Protests

Following the rules of the UEG, except it is not possible to protest over the D-score.

9.7 Judging panels

There are 3 judging panels; one for each discipline in each section. In Floor, the judging panel consists of panels D, E and C. In Tumbling and Trampet the judging panel consists of DC- and E-panels.

The judging panels

Floor Programme:

D-panel: Head Judge (D1) + two judges (D2, D3)

E-panel: Head Judge (E1) + three judges (E2, E3, E4) C-panel: Head Judge (C1) + one judge (C2)

Tumbling and Trampet:

DC-panel: Head Judge (DC1) + one judge (DC2)

E-panel: Head Judge (E1) + three judges (E2, E3, E4)

Drawing of lots of the judges is the responsibility of the OC, and the final judging panels must be announced in the work plan. The result of the drawing of lots must be approved by the member of the NTC-TG from the organising country.

Each nation shall be represented in all sections and disciplines. Each nation can only have one judge in each panel (D/E/C or DC/E) on each discipline.

Each nation can only have maximum 1 E1-Judge in each section, and a total of 2 E1-Judges in the whole competition (women, men and mixed).

In Floor Programme, each nation can only have a maximum of 2 judges in the whole judging panel (D+E+C).

The draw for judging positions are made by country, which will then be placed into this fixed scheme of judges' positions:

Drawing of lots:	Country
Country no 1: OC	1
Country no 2:	2
Country no 3:	3
Country no 4:	4
Country no 5:	5

MIXED

Floor		Tumbling		Trampet	
D1	1	DC1	3	DC1	4
D2	4	DC2	1	DC2	5
D3	2				
E1	3	E1	1	E1	5
E2	1	E2	5	E2	3
E3	4	E3	2	E3	1
E4	2	E4	4	E4	2
C1	5				
C2	3				

WOMEN

Floor		Tumbling		Trampet	
D1	2	DC1	1	DC1	2
D2	5	DC2	4	DC2	3
D3	3				
E1	4	E1	5	E1	1
E2	3	E2	2	E2	2
E3	1	E3	1	E3	5
E4	5	E4	3	E4	4
C1	1				
C2	4				

MEN

Floor		Tumbling		Trampet	
D1	3	DC1	2	DC1	5
D2	1	DC2	5	DC2	1
D3	4				
E1	2	E1	4	E1	3
E2	5	E2	5	E2	2
E3	3	E3	3	E3	1
E4	1	E4	1	E4	4
C1	4				
C2	2				

III RANKING LISTS AND DISTINCTIONS

10 Ceremonies

10.1 Opening

Participants must march in wearing club uniform. Then the teams are announced by country. The teams from the organising country are announced last. The championship is then officially opened by a short speech. And the teams march out immediately afterwards.

10.2 Award and closing

All participants must march in wearing competition dress. Awards are presented (gold first, then silver, then bronze) after all sections are done. The Nordic Champions are announced, medals awarded, and the national anthem of the winning team is played. The championship is then officially closed by a short speech. And the teams march out immediately afterwards.

It is the responsibility of the OC that flag and anthem of all countries are present at the ceremonies.

11 Ranking

11.1 Total score

The total score of the team is the sum of final scores of all three disciplines.

11.2 Winning club

A winning club will be announced for each of the sections.

12 Cups, medals and diplomas

12.1 To the winning club

The winning club in each section is awarded one big and one smaller cup. The winning club holds the smaller cup (minimum 35 cm high).

The NF holds the big cup until the next NTGC (junior/senior respectively). The NF is responsible for bringing the cup to the OC.

If the same team wins the cup for the third time, the team gets the big cup to have and to hold. The respectively NF is responsible, both practical and economic, for buying a new big cup including engraving.

The medals are to be similar to those which has been used in the previous Championships, but they can be ordered locally.

12.2 Bringing of the cups

The OC must remind the NF to bring the cups.

12.3 Who receives medals and diplomas - gold

All participating gymnasts (including reserves) and coaches from the winning club receive a gold medal and a diploma.

12.4 Who receives medals and diplomas - silver

All participating gymnasts (including reserves) and coaches from the second placed club receive a silver medal and a diploma.

12.5 Who receives medals and diplomas - bronze

All participating gymnasts (including reserves) and coaches from the third placed club receive a bronze medal and a diploma.

12.6 Who receives a diploma

All other gymnasts (including reserves) and coaches having participated receive a diploma.

12.7 Who provide cups, medals and diplomas

All smaller cups including engraving, medals including engraving and diplomas are provided by the OC.

13 Equality of points

In case of equality of the total score, the teams will keep their achieved ranking.

14 Complete results and complete list of results

14.1 Distribution

When the competition is completed the OC is obliged to distribute a copy of the complete results to the media, and by email to the NF-contact persons. For the representatives of the NTC-TG and head of delegations, complete list of results, including the scores of the individual judges.

IV FUNCTIONS OF THE ORGANISING COMMITTEE

15 Responsibilities of the organisers

15.1 NF with the total responsibility

The NF appointed by the schedule NGF as organiser of the Nordic TeamGym Championship is totally responsible for the organisation of the event, and for establishing the local OC. They carry out all the necessary practical work, and cover the related expenses.

15.2 General obligations of the OC

The OC is responsible for a flawless running of the event, which includes the running of the competition, the training sessions, the judges' meetings and the necessary meetings.

To achieve this, they must strictly observe the:

- Technical regulations for the Nordic TeamGym Championship (this document)
- Code of points (by the UEG). See appendix for Nordic adjustments
- Directives for Equipment - TeamGym (by the UEG). See appendix for Nordic adjustments

V FINANCIAL MATTERS AND OBLIGATIONS

16 Financial obligations

16.1 Participating clubs, countries and OC

The participating clubs cover all their expenses, including for their judges. If a country cannot provide 4 judges, then the cost of providing the judges from another country must be assumed by the country unable to provide the judges.

The OC must offer at least two different types of accommodations: One to a very reasonable price e.g. a hostel, one in middleclass e.g. a tourist hotel, and possibly a better class hotel. The OC must try to provide accommodations within walking distance of the competition area.

16.2 OC

The organiser of the Nordic TeamGym Championship will cover all the expenses and obligations related to the running of the event.

VI SPECIAL REGULATIONS

17.1 Statutes of the UEG and extraordinary situations

The rules of the Statutes of UEG will be applied in all situations, which are not foreseen in these regulations.

If extraordinary situations should occur, the necessary decisions will be made by the NTC-TG or the representatives of each country present at the competition.

17.2 Language

The Work Plan and all general documents and information concerning the Nordic TeamGym Championship are published in English.

17.3 Protocol

The statutes and regulations of the FIG are valid in all matters of protocol concerning the Nordic TeamGym Championship.

17.4 Revising of the technical regulations

The regulations (this document) are to be revised each year during the NTGC. Within 6 weeks of the championship the OC will send the draft for the revised Technical Regulation for approval. Comments and changes to the draft must be sent back to the OC within 2 weeks.

The regulations must be finally approved by the NTC-TG, and sent out to the NF within 2 months.

The valid until date on the front page of this document, must always be updated by one year as part of the revision.

17.5 NTC-TG meeting

NTC-TG will meet at every NTGC. The meeting is held on Thursday at 20:00-22:00 and on Friday at 9:00-12:30. Each Nordic country may bring two representatives to NTC-TG meetings, but only one has a voting right. The organizing country may have a secretary present at the meeting.

Deadline for sending in issues for discussion or change at the NTC-TG meeting:

- Invitation must be sent out 6 weeks before meeting date by the OC
- Topics for the meeting must be sent in to the organizer no later than 3 weeks before the meeting date
- Organizer must send out the meeting Agenda no later than 2 weeks before meeting date
- Minutes from the NTC-TG meeting must be sent out by the OC within 2 weeks after the championship

VII APPENDICES

18.1 Number of landing areas for trampet

The OC can provide for only 1 landing area for trampet if necessary. The OC must give information of the number of landing areas for trampet in the work plan.

18.2 Tariff forms

Head of delegation delivers all revised tariff forms to the secretariat within two hours before the start of the competitions. It is ok to use a web solution for handing in tariff forms if the OC has one. If a web solution is not used the OC should have a copying machine for copying tariff forms at the accreditation.

The OC must give information about this in the work plan.

18.3 Recommended timetable for the competition

Thursday:

20:00-22:00 Meeting of the NTC-TG

Friday:

09:00-12:30

Meeting of the NTC-TG (continued)

16:00-21:00

Training for the teams (see below)*

20:00

Information meeting for Head of delegation, coaches and judges

20:30

(Judges meeting if necessary)

Saturday (with three competitions):

08:00

General warm-up Mixed teams

09:00

Warm-up Mixed teams
(8min/team/discipline)

09:00-10:00

Judges' meeting for the Mixed competition

10:10-10:30

Opening ceremony

10:30

Competition Mixed teams

12:00

Warm-up Women's' teams
(8min/team/discipline)

12:00-13:30

Judges' meeting for the Women's
competition

13:30

Competition Women's teams

15:30

Warm-up Men's teams
(8 min/team/discipline)

15:30-16:30

Judges' meeting for the Men's competition

16:30

Competition Men's teams

18:00

Award ceremony

18:30-18:45

Evaluation for HoD, coaches and judges

20:00

Banquet

Saturday (with two competitions):

08:30	General warm-up
09:30	Warm-up (8 min/team/discipline)
11:00-12:00	Judges' meeting
12:00	1st Competition
14:00	PAUSE
14:30	2nd Competition
17:00	Award ceremony
17:30	Evaluation for HoD, coaches and judges
20:00	Banquet

* Training on Friday will be arranged in the same running order as the competition. This means starting with mixed teams, then women's teams and finally men's team. The training time is 10 minutes per team and apparatus, starting at 4 pm.

18.4 Triple saltos

Performing triple saltos must comply with the rules of the team's National Federation. No written dispensation is required (see CoP 15.2.2 and 16.2.2).

18.5 Rotation schedule for the Nordic Gymnastics Cooperation

	TeamGym Seniors W/MIX/M	TeamGym Juniors W/MIX/M
Time	2nd weekend in November	3rd weekend in April *
2017	SWE	
2018		FIN
2019	NOR	
2020		DAN
2021	ISL	
2022		SWE
2023	FIN	
2024		NOR
2025	DAN	
2026		ISL

* If the third (3rd) weekend in April coincide with the Easter, the Championship is organized the second (2nd) weekend in April.