

INVITATION

8TH “SPARTACUS -THERMI SPRINGS” CUP 2015

TRAMPOLINE, TUMBLING AND DOUBLE MINI TRAMP
COMPETITION

OCTOBER 9TH - 10TH - 11TH 2015

THERMI -THESSALONIKI, GREECE

DEAR SPORTS FRIENDS,

A.G.E.M.S. SPARTACUS ANNOUNCES THE 8TH “SPARTACUS - THERMI SPRINGS CUP” THAT WILL TAKE PLACE FROM THE 9TH TO THE 11TH OF OCTOBER 2015 IN THERMI THESSALONIKI AND WILL BE ORGANIZED UNDER THE AUSPICES OF THE HELLENIC GYMNASTICS FEDERATION AND OF THE MUNICIPALITY OF THERMI.

1. PLACE AND TIME

THE COMPETITION WILL TAKE PLACE IN THERMI THESSALONIKI GREECE ON THE 9TH – 10TH – 11TH OF OCTOBER 2015.

ARRIVAL : **8 - 9 OCT.**

DEPARTURE : **11 (IN THE EVENING) - 12 OCT.**

2. PARTICIPANTS

MEMBERS OF ANY NATIONAL OR REGIONAL TRAMPOLINE FEDERATION/ ASSOCIATION OR TRAMPOLINE CLUB.

3. DISCIPLINES

TRAMPOLINE INDIVIDUAL, TRAMPOLINE SYNCHRONIZED, TUMBLING, DOUBLE MINI TRAMP.

4 TRAMPOLINES – EUROTRAMP 4/4 MM

4. REGULATIONS AND CONDITIONS FOR PARTICIPATION AGE GROUPS

- ❖ JUNIOR A: 8 -10 YEARS OLD (BORN IN 2007 - 2006 - 2005), ONLY FOR TRAMPOLINE AND TUMBLING.
- ❖ JUNIOR B: 11-13 YEARS OLD (BORN IN 2004 - 2003- 2002).
- ❖ JUNIOR C: 14-16 YEARS OLD (BORN IN 2001 -2000 - 1999).

ATHLETES BORN IN 1998 CAN COMPETE EITHER IN THE JUNIOR C CATEGORY OR IN THE SENIOR 17+ CATEGORY ACCORDING TO THE F.I.G. REGULATIONS.

- ❖ SENIOR: 17+ (BORN IN 1997 AND EARLIER).

5. COMPETITION RULES – ROUTINES

THE COMPETITION WILL BE ACCORDING TO THE F.I.G CODE OF POINTS AND THE FOLLOWING REGULATIONS.

TRAMPOLINE

QUALIFICATION ROUND 10.10.2015

THE COMPETITORS MUST PERFORM TWO ROUTINES OF 10 DIFFERENT ELEMENTS EACH, ONE OF THEM WITH SPECIAL REQUIREMENTS IN WHICH THEY WILL BE JUDGED ONLY FOR THE EXECUTION AND THE OTHER WILL BE VOLUNTARY AND THEY WILL BE JUDGED ALSO FOR DIFFICULTY.

FINAL ROUND 11.10.2015

THE COMPETITORS MUST PERFORM ONE VOLUNTARY ROUTINE AND THEY WILL BE JUDGED FOR EXECUTION AND DIFFICULTY.

JUNIOR A

FIRST ROUTINE: THE COMPETITORS MUST PERFORM THE FOLLOWING SPECIAL REQUIREMENTS

- 7 SKILLS WITH AT LEAST 270 DEGREES OF SALTO.
- ONE SKILL TO BACK OR FRONT.
- ONE SKILL FROM BACK OR FRONT.

SECOND ROUTINE AND FINAL: THE COMPETITORS CAN REPEAT THEIR FIRST ROUTINE.

JUNIOR B

FIRST ROUTINE: THE COMPETITORS MUST PERFORM THE FOLLOWING SPECIAL REQUIREMENTS

- 8 SKILLS WITH AT LEAST 270 DEGREES OF SALTO.
- ONE SKILL WITH AT LEAST 360 DEGREES TWIST.
- ONE SKILL TO BACK OR FRONT.
- ONE SKILL FROM BACK OR FRONT.

SECOND ROUTINE AND FINAL: THE COMPETITORS CAN REPEAT THEIR FIRST ROUTINE.

JUNIOR C

QUALIFICATION AND FINAL ROUND ACCORDING TO JUNIOR F.I.G. CODE OF POINTS.

SENIOR

QUALIFICATION AND FINAL ROUND ACCORDING TO SENIOR F.I.G. CODE OF POINTS.

IN **SYNCHRONIZED TRAMPOLINE**, EVERY FEDERATION OR CLUB CANNOT COMPETE WITH MORE THAN TWO PAIRS IN EACH CATEGORY.

TUMBLING

QUALIFICATION ROUND 10.10.2015

THE COMPETITORS MUST PERFORM TWO DIFFERENT VOLUNTARY ROUTINES OF 8 SKILLS EACH (WITH THE EXCEPTION OF JUNIOR A IN

WHICH THEY HAVE TO PERFORM ONLY 6) AND THEY WILL BE JUDGED FOR EXECUTION AND DIFFICULTY.

FINAL ROUND 11.10.2015

THE COMPETITORS MUST PERFORM ONE VOLUNTARY ROUTINE OF 8 SKILLS,(WITH THE EXCEPTION OF JUNIOR A) AND THEY WILL BE JUDGED FOR EXECUTION AND DIFFICULTY. THE SENIOR COMPETITION WILL BE ACCORDING TO F.I.G. CODE OF POINTS.

JUNIOR A

THE COMPETITORS MUST PERFORM 6 SKILLS WITHOUT REPETITION AND THE LAST ONE (6TH) MUST BE A SALTO. IN THE FINAL THEY CAN REPEAT ONE ROUTINE FROM THE QUALIFICATIONS.

JUNIOR B

THE COMPETITORS MUST PERFORM 8 SKILLS WITHOUT REPETITION AND THE LAST ONE (8TH) MUST BE A SALTO. IN THE FINAL THEY CAN REPEAT ONE ROUTINE FROM THE QUALIFICATIONS.

JUNIOR C

THE QUALIFYING ROUND WILL BE ACCORDING TO F.I.G. CODE OF POINTS BUT THERE WILL BE ONLY ONE ROUTINE IN THE FINAL.

SENIOR

ACCORDING TO F. I. G. CODE OF POINTS.

DOUBLE MINI TRAMPOLINE

QUALIFICATION ROUND 10. 10. 2015

THE COMPETITORS MUST PERFORM TWO VOLUNTARY ROUTINES, WITHOUT REPETITION AND THEY WILL BE JUDGED FOR EXECUTION AND DIFFICULTY.

FINAL ROUND 11. 10. 2015

THE COMPETITORS MUST PERFORM ONE VOLUNTARY ROUTINE, AND THEY WILL BE JUDGED FOR EXECUTION AND DIFFICULTY. THE SENIOR COMPETITION WILL BE ACCORDING TO FIG CODE OF POINTS.

JUNIOR B

THE COMPETITORS MUST PERFORM TWO VOLUNTARY ROUTINES WITHOUT REPETITION, WITH DIFFICULTY VALUE 0,7 OR MORE IN EACH. IN THE FINAL THEY CAN REPEAT ONE ROUTINE FROM THE QUALIFICATIONS.

JUNIOR C

THE COMPETITORS MUST PERFORM TWO VOLUNTARY ROUTINES WITHOUT REPETITION, WITH DIFFICULTY VALUE 1,2 OR MORE IN EACH. IN THE FINAL THEY CAN REPEAT ONE ROUTINE FROM THE QUALIFICATIONS.

SENIOR

ACCORDING TO F.I.G. CODE OF POINTS WITH MINIMUM DIFFICULTY 1,7 IN EACH ROUTINE.

6. FINALS

FIRST 10 COMPETITORS - PAIRS AND FIVE TEAMS FROM THE QUALIFICATIONS (EACH CATEGORY AND DISCIPLINE) WILL BE QUALIFIED TO THE FINALS.

ATTENTION: AS FOR THE FINAL ROUND EVERY FEDERATION OR CLUB CANNOT COMPETE WITH MORE THAN TWO ATHLETES IN EACH CATEGORY

7. JUDGES

ALL DELEGATIONS MUST PROVIDE AT LEAST ONE JUDGE FOR EVERY DISCIPLINE IN WHICH THEY HAVE A PARTICIPANT AND THE JUDGES SHOULD BE WITH BREVETS MINIMUM NATIONAL CATEGORY. IN CASE THEY CAN'T PROVIDE A JUDGE THEY WILL BE FINED. THE FINE IS 250 €.

8. AWARDS

THE FIRST THREE ATHLETES IN THE INDIVIDUAL TRAMPOLINE, TUMBLING FROM THE SENIOR GROUP, WILL BE AWARDED:

1ST PLACE: MEDAL – CUP AND A PRICE AWARD OF 300 €.

2ND PLACE: MEDAL – CUP AND A PRICE AWARD OF 200 €.

3RD PLACE: MEDAL – CUP AND A PRICE AWARD OF 100 €.

(THE PRICE AWARD WILL BE GIVEN AS LONG AS THERE WILL BE 8 ATHLETES ON THE FINAL COMPETITION.)

THE FIRST THREE ATHLETES IN THE INDIVIDUAL TRAMPOLINE, TRAMPOLINE SYNCHRONIZED, TUMBLING AND DMT AND THE FIRST THREE CLUBS TO ALL THE OTHER CATEGORIES, WILL BE AWARDED:

1ST PLACE: MEDALS AND CUP.

2ND AND 3RD PLACES: MEDALS.

ALL PARTICIPANTS WILL RECEIVE A DIPLOMA.

9. ENTRY FEE

THERE WILL BE AN ENTRY FEE OF **50 € PER PARTICIPANT.**

10. INSURANCE

THIS IS COMPULSORY AND THE RESPONSIBILITY OF EACH PARTICIPANT.

SPARTACUS WILL NOT ACCEPT ANY RESPONSIBILITY WHAT SO EVER.

11. HOTEL RATES

SINGLE ROOM: 75 € PER PERSON, PER NIGHT.

DOUBLE ROOM: 65 € PER PERSON, PER NIGHT.

TRIPLE ROOM: 55 € PER PERSON, PER NIGHT.

ACCOMMODATION FEES INCLUDE:

ROOM, BREAKFAST, LUNCH AND DINNER AS WELL AS TRANSPORTATION FROM MACEDONIA AIRPORT/ TRAIN STATION/ BUS STATION (ARRIVAL AND DEPARTURE DATES) AND TRANSPORTATION FROM THE HOTEL TO THE STADIUM AND BACK

12. ORGANIZING COMMITTEE

FOR QUESTIONS REGARDING ANY ASPECT OF THE EVENT, PLEASE FEEL FREE TO CONTACT US:

ADDRESS: **54638, 80 MANTINIAS STREET, THESSALONIKI, GREECE**

TEL: **0030 2310849579**

FAX: **0030 2310849579**

E-MAIL: [**SPARTAKOS_TRAMPOLINE@HOTMAIL.GR**](mailto:SPARTAKOS_TRAMPOLINE@HOTMAIL.GR)

E-MAIL: [**ELZACHARNAS@HOTMAIL.COM**](mailto:ELZACHARNAS@HOTMAIL.COM)

E-MAIL: [**ZELIAS11@FREEMAIL.GR**](mailto:ZELIAS11@FREEMAIL.GR)

MOBILE PHONES:

DELLIOS GEORGE: PRESIDENT OF SPARTAKOS, 0030 6977803538

HOUZANA LITSA: MEMBER OF SPARTAKOS, 0030 6938586035

ILIEVA NATALIA: MEMBER OF SPARTAKOS, 0030 6956181147

ZACHARNAS ELIAS: PRESIDENT OF ANEMOS, 0030 6932276120

CHRISOPATHIS DIMOS: INTERNATIONAL JUDGE, CHAIRMAN OF TRAMPOLINE JUDGES IN GREECE, 0030 6936842519

KRANITI ELENI: MEMBER OF BOARD IN THE GREEK FEDERATION OF GYMNASTICS, PRESIDENT OF THE TRAMPOLINO COMMITTEE.

KOLOZAKIS VANGELIS: FORMER INTERNATIONAL TRAMPOLINE ATHLETE, INTERNATIONAL JUDGE, 0030 6972056619

13. ENTRY

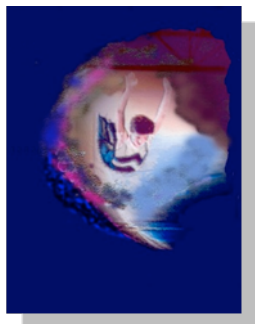
NOTIFICATION OF INTEREST: 30. 07. 2015

NOMINATIVE ENTRY: 30. 08. 2015

DEFINITIVE ENTRY: 15. 09. 2015

LOOKING FORWARD, TO WELCOMING YOU ALL IN OUR BEAUTIFUL CITY.

BEST REGARDS,



A.G.E.M.S. SPARTACUS
PRESIDENT

GEORGE DELLIOS

8TH “SPARTACUS -THERMI SPRINGS ” CUP 2015
TRAMPOLINE, TUMBLING AND DOUBLE MINI TRAMP COMPETITION
OCTOBER 9TH -10TH -11TH 2015
THERMI -THESSALONIKI, GREECE

ACCOMMODATION FORM

DELEGATION: _____

CONTACT PERSON:

E-MAIL/PHONE/FAX:

**OFFICIAL DELEGATION (GYMNASTS, COACHES, OFFICIALS,
FANS, ETC.)**

HOTEL	NUMBER OF ROOMS	NUMBER OF PERSONS	NUMBER OF NIGHTS	TOTAL
TRIPLE ROOM 55 €/PERSON/DAY		_____ x 55 €	x _____	_____ €
DOUBLE ROOM 65 €/PERSON/DAY		_____ x 65 €	x _____	_____ €
SINGLE ROOM 75 €/PERSON/DAY		_____ x 75 €	x _____	_____ €

ALL ACCOMMODATION INCLUDES: ROOM, BREAKFAST, LUNCH AND DINNER. DELEGATIONS THAT BOOK THEIR ACCOMMODATION WITH THE ORGANIZATION COMMITTEE WILL ALSO HAVE FREE TRANSPORTATION BETWEEN THE MACEDONIA AIRPORT/TRAIN STATION/BUS STATION (ARRIVAL AND DEPARTURE DATES) AND

BETWEEN THE HOTEL AND THE COMPETITION HALL FOR THE COMPETITION DAYS IN CASE IT SHOULD BECOME NECESSARY.

DEAD LINE: SEPTEMBER 15TH 2015

SEND THIS FORM TO

ORGANIZING COMMITTEE

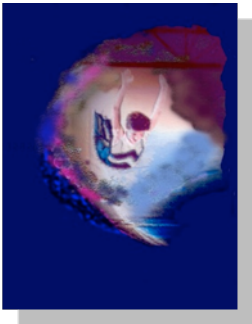
FAX: + 30 2310849579

E-MAIL: SPARTAKOS_TRAMPOLINE@HOTMAIL.GR ,

ELZACHARNAS@HOTMAIL.COM , ZELIAS11@FREEMAIL.GR

PLACE AND DATE

STAMP AND SIGNATURE



**8TH “SPARTACUS -THERMI SPRINGS ” CUP
2015**

**TRAMPOLINE, TUMBLING AND DOUBLE MINI TRAMP COMPETITION
OCTOBER 9TH -10TH -11TH 2015
THERMI -THESSALONIKI, GREECE**

NOTIFICATION OF INTEREST

PLEASE RETURN US AS SOON AS POSSIBLE BY FAX OR

E-MAIL :

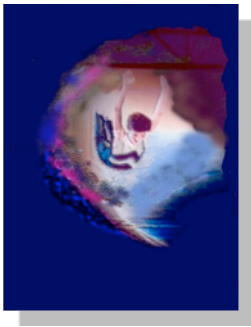
FAX: 00302310849579

**E - MAIL : SPARTAKOS_TRAMPOLINE@HOTMAIL.GR , ELZACHARNAS@HOTMAIL.COM
ZELIAS11@FREEMAIL.GR**

NAME OF CLUB :
.....

CONTACT DETAILS :
.....

DATE :



SIGNATURE / STAMP :

8TH “SPARTACUS -THERMI SPRINGS” CUP 2015
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THERMI -THESSALONIKI, GREECE

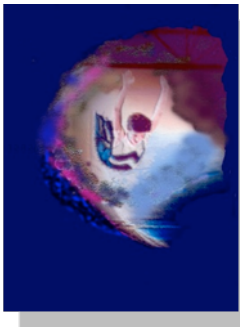
NOMINATIVE ENTRY

FEDERATION/COUNTRY:
ADDRESS:
PHONE/FAX:
E-MAIL:
DATE OF DECLARATION:

ATHLETES						
	NAME	DATE OF BIRTH	PASS NUMBER	DISCIPLINE		
	BOYS JUNIOR A (08-10 YEARS)			TRA	TUM	DMT
1						
2						
3						
4						
	GIRLS JUNIOR A (08-10 YEARS)					
1						
2						
3						
4						
	BOYS JUNIOR B (11-13 YEARS)					
1						
2						
3						

4					
GIRLS JUNIOR B (11-13 YEARS)					
1					
2					
3					
4					
BOYS JUNIOR C (14-16 YEARS)					
1					
2					
3					
4					
GIRLS JUNIOR C (14-16 YEARS)					
1					
2					
3					
4					
BOYS SENIOR (17+ YEARS)					
1					
2					
3					
4					
GIRLS SENIOR (17+ YEARS)					
1					
2					
3					
4					

	PASSPORT NUMBER
HEAD OF DELEGATION:	
COACH 1:	
COACH 2:	
COACH 3:	
JUDGE 1:	
JUDGE 2:	
JUDGE 3:	
DOCTOR:	



PHYSIOTHERAPIST:

--

DATE

SIGNATURE / STAMP

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OCTOBER 9TH -10TH -11TH 2015
THERMI -THESSALONIKI, GREECE

DEFINITIVE ENTRY FORM

**PLEASE RETURN THIS FORM BEFORE SEPTEMBER 15TH 2015 BY FAX
OR E-MAIL:**

FAX: 00302310849579

**E - MAIL : SPARTAKOS_TRAMPOLINE@HOTMAIL.GR, ,
ELZACHARNAS@HOTMAIL.COM
ZELIAS11@FREEMAIL.GR**

CONTACT DETAILS

**CLUB/FEDERATION
NAME**

--

COUNTRY

--

ADDRESS	
E-MAIL	
PHONE	
FAX	
CONTACT PERSON	

DELEGATION-OFFICIALS

**HEAD
OF DELEGATION**

COACHES

JUDGES

1.	
2.	
3.	
1.	
2.	
3.	

DELEGATION-GYMNASTS

TRAMPOLINE INDIVIDUAL BOYS JUNIOR A (08 -10 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TRAMPOLINE INDIVIDUAL GIRLS JUNIOR A (08 -10 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

--	--	--

TRAMPOLINE INDIVIDUAL BOYS JUNIOR B (11 -13 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TRAMPOLINE INDIVIDUAL GIRLS JUNIOR B (11 -13 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

**TRAMPOLINE INDIVIDUAL
BOYS JUNIOR C (14-16 YEARS)**

FIRST NAME	LAST NAME	YEAR OF BIRTH

TRAMPOLINE INDIVIDUAL GIRLS JUNIOR C (14-16 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TRAMPOLINE INDIVIDUAL BOYS SENIOR (17+ YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TRAMPOLINE INDIVIDUAL GIRLS SENIOR (17+ YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING BOYS JUNIOR A (08-10 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING GIRLS JUNIOR A (08-10 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING BOYS JUNIOR B (11-13 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING GIRLS JUNIOR B (11-13 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING BOYS JUNIOR C (14-16 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING GIRLS JUNIOR C (14-16 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING BOYS SENIOR (17+ YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

TUMBLING GIRLS SENIOR (17+ YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

DOUBLE MINI TRAMPOLINE BOYS JUNIOR B (11-13 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

DOUBLE MINI TRAMPOLINE GIRLS JUNIOR B (11-13 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

DOUBLE MINI TRAMPOLINE BOYS JUNIOR C (14-16 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

DOUBLE MINI TRAMPOLINE GIRLS JUNIOR C (14-16 YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

DOUBLE MINI TRAMPOLINE BOYS SENIOR (17+ YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

DOUBLE MINI TRAMPOLINE GIRLS SENIOR (17+ YEARS)

FIRST NAME	LAST NAME	YEAR OF BIRTH

SYNCHRONISED TRAMPOLINE BOYS JUNIOR B (11-13 YEARS)

	FIRST NAME	LAST NAME	YEAR OF BIRTH
1ST PAIR			
2ND PAIR			

SYNCHRONISED TRAMPOLINE GIRLS JUNIOR B (11-13 YEARS)

	FIRST NAME	LAST NAME	YEAR OF BIRTH
1ST PAIR			
2ND PAIR			

SYNCHRONISED TRAMPOLINE BOYS JUNIOR C (14-16 YEARS)

	FIRST NAME	LAST NAME	YEAR OF BIRTH
1ST PAIR			

2ND PAIR			

SYNCHRONISED TRAMPOLINE GIRLS JUNIOR C (14-16 YEARS)

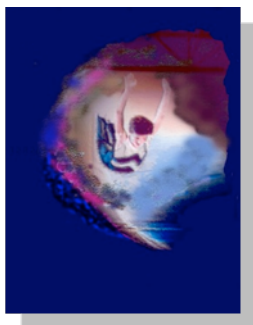
	FIRST NAME	LAST NAME	YEAR OF BIRTH
1ST PAIR			
2ND PAIR			

SYNCHRONISED TRAMPOLINE BOYS SENIOR (17+ YEARS)

	FIRST NAME	LAST NAME	YEAR OF BIRTH
1ST PAIR			
2ND PAIR			

SYNCHRONISED TRAMPOLINE GIRLS SENIOR (17+ YEARS)

	FIRST NAME	LAST NAME	YEAR OF BIRTH
1ST PAIR			
2ND PAIR			



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THERMI -THESSALONIKI, GREECE

TRAVEL SCHEDULE

ARRIVAL INFORMATION

DATE OF ARRIVAL:

NUMBER OF PEOPLE:

BY AIRPLANE	BY TRAIN	BY CAR / BUS
HOUR:	HOUR:	HOUR:
FLIGHT NUMBER:		

DEPARTURE INFORMATION

DATE OF DEPARTURE:

NUMBER OF PEOPLE:

BY AIRPLANE	BY TRAIN	BY CAR/BUS
HOUR:	HOUR:	HOUR:
FLIGHT NUMBER:		

DATE

SIGNATURE/STAMP